

How do you generally approach working with a new client?



Our approach to working with new clients begins with a commitment to understanding their needs.

We initiate the journey with a complimentary 15-minute consultation, allowing individuals or couples to discuss their concerns and explore how our services align with their goals.

Following this initial meeting, clients are guided through an assessment process, aiding us in comprehensively understanding their relationship dynamics and personal aspirations. With the insights gathered, we collaboratively devise an initial treatment plan tailored to their specific circumstances.

Prior to the first session, scheduling their appointment is the final step, ensuring a seamless transition into our counseling sessions.

This structured process empowers our clients to actively engage in their therapeutic journey from the outset, laying a strong foundation for impactful and personalized sessions.